



Here is an example of how to color-code highlight the paragraph:

 = topic sentence

 = development of ideas

 = transition

“It’s one thing to have pundits spouting their opinions about scientific issues. It’s another thing to understand how these views apply to you. *For thirty years, my research has shown that **the view you adopt for yourself** profoundly affects the way you lead your life.* *It can determine whether you become the person you want to be and whether you accomplish the things you value. **How does this happen?*** *How can a simple belief have the power to transform your psychology and, as a result, your life?”* (Dweck, 2016, p. 6)

Dweck, C.S. (2016). *Mindset: The new psychology of success*. New York: Ballantine Books.